



Bible Study Questions

30th March 2025 Sowing and Reaping

Galatians 6:1-10

Discussion Starter

Discuss what has made you who you are – is it your family, country, education, career? How much was your action and how much the action of others? Were there any decisive periods for you?

Introduction

In Galatians 6 Paul tackles the question of how we should now live, after being saved by faith. It is based on the idea of sowing and reaping.

“Sow a thought and you reap a deed; sow a deed and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny” (Attributed to various people).

Read Galatians 6: 1-10

What stands out to you, or what do you notice?

What questions are raised for you?

What challenges you?

Questions

1. From verse 7 and Job 4:8 we learn that we will harvest what we sow. What examples are given? Share any personal examples of where you have invested in something (good or bad) and what the outcome was.

2 Verse 7 also says we shouldn't be deceived – who or what can deceive us about the right things to do? What forms might that deception take?

Sowing and reaping is the '**law of returns**'. Paul says there are 2 possible trajectories to choose and that our choice is crucial.

#1 whoever sows to the 'flesh' will reap DESTRUCTION.

Read verse 8 and then Deut 30:15-18 in The Message version.

3: This is strong language - why does God consider our choice to be so vital?

Sometimes the sowing to the flesh can be gradual.

C. S. Lewis (in the Screwtape Letters where a senior devil is giving advice to a junior devil about confusing a Christian): It does not matter how small the sins are, provided that their cumulative effect is to edge the man away from the Light and out into the Nothing. ... Indeed, the safest road to Hell is the gradual one—the gentle slope, soft underfoot, without sudden turnings, without milestones, without signposts.”

4: Can you think of examples of people (past or present) who have chosen to “sow to the flesh” – that is, put their own wishes and desires above everything else?

5: What sort of things might we do that could be part of 'sowing to the flesh'? Remember Galatians 5:19-21

#2 whoever sows to please the Spirit >>>>will reap eternal life.

6: Discuss how we can sow to the Spirit practically? What practices can we adopt or what actions can we take? How can your group actively encourage each other to do so?

Application

- Looking at the possible actions below, which one can you do more of this week to invest in your own spiritual growth?



- Prayer and meditation:**

Regular prayer allows Christians to cultivate a relationship with God and the Holy Spirit, seeking guidance and discernment in their lives.

- Scripture Study:**

Reading and meditating on the Bible helps Christians understand God's will and the Spirit's guidance, as the Spirit reveals truth through the Word.

- Obedience:**

Living in obedience to God's Word and the Spirit's leading demonstrates a willingness to be guided and strengthens the relationship with the Holy Spirit.

- Seeking Guidance:**

Christians can actively seek the Spirit's guidance in their daily lives, asking for wisdom and discernment in decision-making, and trusting in the Spirit's leading.

- Confession and Repentance:**

When Christians stray from God's path, confessing sins and seeking forgiveness allows them to be renewed and led by the Spirit.

- Cultivating a Humble Heart:**

A humble heart allows Christians to listen and respond to the Holy Spirit's guidance, rather than relying on their own wisdom or desires.

- Living in Community:**

Connecting with other believers can provide accountability and encouragement, helping Christians to stay on God's path and be led by the Spirit.