



Bible Study Questions

16th February 2025 - Plenty or Meaning
Psalm 139:1-18

Discussion Starter

If you had unlimited resources and time, what would you spend your life doing?

Introduction

The search for meaning is one of the most fundamental pursuits of the human heart. Every person, regardless of background or belief, wrestles with questions like: Why am I here? What is my purpose? Does my life have significance?

Throughout history, philosophers, scientists, and religious leaders have offered different answers. Some say meaning is found in success, wealth, or relationships. Others believe it comes from personal fulfillment or making a difference in the world. Yet, despite achieving these things, many still feel a deep emptiness.

How have you wrestled with some of life's deepest questions?

Questions

Read Psalm 139:1-18.

Psalm 139 offers profound insight into how our meaning is found in God's intimate knowledge of us, His presence in our lives, and His intentional design of our being.

God Knows Us Completely (Psalm 139:1-6)

- How does it make you feel to know that God understands you completely?
- How does God's knowledge of you give your life meaning?
- How meaningful is it that not only does God know everything about us (our joys, fears, struggles, and failures), but He also deeply loves us?

God Is Always With Us (Psalm 139:7-12)

- Have you ever felt far from God? How does this passage encourage you and speak into the times when you feel distant from Him?
- How does (or should) knowing that God is always with you inform or shape the way you live?

God Intentionally Created Us (Psalm 139:13-16)

- How does knowing that you were created with intention change your view of yourself?
- What does it mean for you to be fearfully and wonderfully made?

Application

Psalm 139:1-18 reminds us that our meaning is found in being fully known, always accompanied, and intentionally created by God. Instead of seeking purpose in achievements or the approval of others, we can rest in the truth that our identity and worth are secure in Him.

What are some ways you can remind yourself daily of how God sees you and how our worth and meaning are found in knowing Him and being known by Him?

