

## LIFE GROUP STUDY – 4 AUGUST 2024

**Warm-up:** When God shows His love for you in challenging ways in your life, which bird/animal/insect are you more like?

1. Ostrich - put your head in the sand and hope everything works out by the time you pull your head out?
2. Lion - come out ready to attack anyone or anything that's causing you trouble?
3. Crocodile - watch closely staying perfectly still while you assess the situation before you make your move?
4. Ant - rely on your community to support you and work together?
5. Butterfly - take refuge and find shelter during the storm, and rest while you wait for sunnier days.
6. Other?

**Read:** Job Chapter 1

1. Job was a righteous man who didn't deserve all the terrible challenges that God allowed to happen to him. We get to read what was happening behind the scenes, but Job had no idea of why this was happening to him. How did Job respond (Job 1:21)?
2. How hard do you think it would have been for Job to respond like this? How do you think you would respond if you had been in Job's position?

**Read:** James 5:11

1. Do you think Job thought God was being kind, tender/compassionate and merciful when all these bad things were happening to him?
2. How do you respond in the midst of challenging times when it doesn't seem like God is being the least bit kind, compassionate or merciful?

**Watch:** <https://youtu.be/zG72BQrlriw?si=rIdnKRONKHZmWILW> – Blessed Be Your Name by Matt Redman. Be still and meditate on these words, and quietly ask God to help you to be able to praise Him in both the good and hard times.

**Read:** Isaiah 41:10 – Carolyn's verse she holds onto during challenging times.

1. Is there a verse you hold onto during your challenging times? If you don't have one yet, what verse might you memorise so you can have one to hold onto?
2. Has there been a time in your life that you've either LOOKED UP in PRAYER, LOOKED BACK and TRUSTED or LOOKED FORWARD in FAITH that has helped you?
3. Carolyn shared some of her story with you on Sunday. Who might God want you to share your story with this week?

**Listen & Meditate:** Download free App Lectio 365 on your phone. Play the Night one for whatever day you are on (even if you are meeting during the Day).