



FREEDOM TO FLOURISH

BIG IDEA: We are called to not just be “Christians” (i.e. people who believe in God) but to be fully committed, fruitful disciples of Jesus. We have been set free by God to live lives that bring Him glory, bring us our greatest fulfilment and show the world what life really is.



Week 3 – Self-understanding

Big idea: the importance of understanding yourself and others if we are to be the best that we can be for God and be flourishing Christians.

FORMING CONNECTIONS

Share any thoughts from last week about the balance of time you spent on various activities. Did you find it encouraging or worrying?

Have you ever done a Myers-Briggs personality test or an Enneagram? What did it tell you about yourself or other people you know or work with?

How would you describe yourself? How might others describe you?

BIBLE STUDY

1. THE DISCIPLES

The group of Jesus' disciples contained a diverse bunch of personalities. Let's consider three of them.

a. Peter

Matt 17:4 - Blurts out inappropriate comments.
John 13:8 – Head strong - Objects to feet washing
John 18:10 - Strikes out wildly
Matt 26:41 – impulsive but weak
John 21:17 - leaps out of boat to swim to risen Christ.

b. John

Mark 10:35-37 – ambitious
John 13:23 – loved by Jesus
John 19:26 – chosen to look after Mary

c. Judas

Matt 10:4 Chosen by Jesus as a disciple.
John 12:4-6. Given responsible but untrustworthy.
Matt 26:14-16. Disappointed in Jesus so betrayed him.

Why did Jesus choose such a diverse bunch of characters?

What did Jesus see in Peter and John?

2. US

What does this say about the people in our church?



How well do you think you know yourself?

Do you know what abilities God has given you?

How can you use them for His kingdom?

PERSONAL REFLECTION

What can you do to understand your uniqueness in Christ? What do you think Jesus sees in you?

NEXT STEPS

We are called to encourage one another. Ask the group if they would be willing to share something about another member of the group that might encourage them.

ACTION

Spend some time this week on self-reflection and then ask God to show you something new that He wants for you.

FUN TASK: Ask for volunteers to do the Enneagram test through the first link and then see the meaning through the second link.

<https://www.truity.com/test/enneagram-personality-test>

<https://www.scarymommy.com/enneagram-descriptions/>