



**WARM UP:** Name every song lyric, pop culture reference, bible verse or Christian saying you can think of about “bless”/“blessed”/“blessing”.

1. Read John 7:53-8:11. Before we get into the heart of this passage, take a moment to be curious about it. What do you find interesting about it? What questions do you have about it? What does it cause you to think about or feel?

2. Mike Frost talked about the difference between an I-It relationship and an I-Thou relationship, and pointed to this story as exemplifying both. The teachers/Pharisees saw the woman as an “it” (i.e. an object of no value), whereas Jesus saw the woman as a “thou” (i.e. someone worthy of honour).

- Be honest, do you view or treat some people as “its”? (whether individuals or groups, e.g. muslims, LGBT)
- Who in your life could you bless by treating as a “thou”, i.e. listen to, attend to, seek to understand, give honour.

**This week’s challenge (from the bookmark):** Whom can I bless – with kindness, a gift, a word of affirmation – this week? (think of at least one Christian and one non-Christian)

**PRAY:** That God would help you see the inherent worth and dignity in others, and to bless them in meaningful ways.