



# WEEK 2: DISCIPLESHIP FOUNDATIONS

**WARM UP:** On a scale of 0-10, how hopeful are you about the year ahead? (0 = worst year ever, 10 = best year ever)  
Take a moment to explain your answer.

1. How connected are you to God – the source of all goodness and blessing? (i.e. are you a “good person” doing “good things”, or a “saved person” doing good / pleasing / greater / greatest / Christ-glorifying things?)
2. Do you have space in your life to hear from God and respond to the needs of others? (i.e. is the busyness of your life, and the noisiness of your mind, restricting the river of God’s blessing from flowing freely through you?)
3. Are you willing to “give up” something in order for God’s blessings to flow through you? (i.e. are you looking to add something “good” to your life, or are you willing to actually change your life in order for to truly use you?)
4. What structure(s) will you have in place this year to support your desire to be a blessing? (i.e. are you going to rely on your own willpower & resources, or are you going to seek the encouragement & accountability of other Christians?)

**PRAY:** That this would be a spiritually fruitful year for you, and that you would take the next step in your faith journey.