



PART 3&4: *One* WITH THE WORLD AND CHURCH

WEEK 16: FINALLY, BE STRONG

WARM UP: What have you experienced in terms of spiritual warfare? How aware of it are you? What do you believe about it?

1. Read Isaiah 59. This chapter describes an epic battle against evil that only God himself is able to win. Is this how you see the world and history? What are other ways of seeing the world? How does the biblical worldview change the way you might live?
2. Read Ephesians 6:10-13. Paul describes this as *our* struggle (i.e. fight, battle). Who and what are we fighting against? (Don't just repeat the words of v11-12. What do they actually refer to?)
3. Notice the words, "be strong in the Lord and in His mighty power" and to put on "God's armour". Do you really see yourself as one fighting with God (in his strength/armour) each day?
4. Look at v13. What does it mean "to stand"?
5. Read Ephesians 6:14-17. Looking at the following list, for each item, talk about how to wield it and what it overcomes:
 - Belt of truth
 - Breastplate of righteousness
 - Feet fitted with readiness from the gospel of peace
 - Shield of faith
 - Helmet of salvation
 - Sword of the Spirit

PRAY: That God would help you see the battle, understand what's at stake and get in the fight!