



INTO THE STORM

study guide for Life Groups

Week 1: Jesus and the Storm (Mark 4:35-41)

Week 2: Paul and the Storm (Acts 27:3-28:1)

Week 3: God, the Storm (Job 38)

Week 4: The Spirit and the Storm (Acts 2:14-21)

Purpose of *Into the Storm*:

This series explores the consistent theme of "storms" throughout scripture, ranging from Jesus and the storm in Mark 4 to Job's encounter with God in the storm, to the prophecy of the Day of the Lord being like a storm in Acts 2. We will use this theme of storms to connect it metaphorically to the "storms" that are being generated by Covid-19 in our own lives. Many people are facing storms of sickness, job-loss, financial crisis, isolation, loneliness as we grapple with the repercussions of such a global crisis. We all need to know where God is, what he is trying to teach us and how we can grow through such a crisis.

WEEK 1: JESUS AND THE STORM

SCRIPTURE: MARK 4:35-42

WARMING UP...

1. Have you ever experienced a real storm that has stuck in your memory? Describe it to the group.

How about a metaphorical storm? Are there "storms" that you feel you are weathering right now?

GOING DEEPER...

2. READ MARK 4:35-38.
Mark, the author of this gospel paints a very human picture of Jesus in this story. What aspects of Jesus seem very ordinary here? What does this teach us about Jesus and how he can relate to our human experience?
3. The disciples, in the midst of their fear *come to Jesus*. Is Jesus your first resort in pressure situations?
4. Jesus doesn't admonish his disciples for coming and waking him up, instead, he immediately responds. What does this tell us about Jesus' willingness to intervene in our lives?
5. READ 4:39-41.
In light of Jesus' extreme display of power in calming the storm (the waves knew the sound of their Maker's voice), are we guilty of underestimating His ability to perform miracles in our own lives and in the world?

BRINGING IT HOME...

6. Jesus' only admonishment of the disciples was in regards to their lack of faith. Read Hebrews 11:1. Where is your faith positioned right now when it comes to trusting in Jesus' nearness to you and his power to guide you beyond Covid-19?
7. Jesus was preparing his disciples to trust him in many more storms ahead. What is Jesus teaching you right now, and how can you apply these learned truths when future storms arise?