

Week 5 – Crew Activities – Growing in our Faith

HOW A TO GROW SEEDS OF FAITH

It all starts with a single seed of faith. It's truly amazing to watch how a seed grows when it is nurtured.

SEED JAR SUPPLIES:

- Paper Towels
- Water
- Seeds (Pea and bean seeds grow quickly)
- 2 large jars
- Sign – Directions to Grow your Faith

HOW TO SET UP YOUR SEED EXPERIMENT:

STEP 1: Fill the jars with paper towels. Kids can fold them and push them down into the jars.

STEP 2: Gently water your seed jars to wet the paper towels. **DO NOT FLOOD IT!**

STEP 3: Carefully push seeds down into the paper towels around the edge of the jars so they can still be seen. Make sure they are firmly held in place.

STEP 4: Only water one of the jars, other jar has no water after initial setup.

STEP 5: Place sign (Directions to Grow Your Faith) on stick, inside the jar that you are watering.

HOW TO GERMINATE SEEDS FASTER

One easy way to get your seeds to germinate faster is to pre-soak them in a shallow container of warm water for up to 24 hours. That will soften the hard-outer shell of the seed. Don't soak for longer as they may go mouldy.

Pea seeds should offer the best results.

Usually about 3 days before you see any growth



Directions to Grow Your Faith

Water with

1. Pray to your Heavenly Father and ask Him to help your faith in Christ grow
2. Learn all you can about your Saviour
3. Follow Jesus' example and His teachings

Faith Can Grow

Checklist Challenge

When you have faith and you do good things to feed it, your faith will stay healthy and grow!
Talk about what you can do to grow your faith in Jesus. Write your answers, do them, and check each box as you go.

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____

I can grow my faith by _____
